



Vegetables for school gardens

Information for teachers

Grow and eat your own vegetables!

Schoolchildren learn to cultivate and understand vegetables in a vivid, practical manner. Various steps need to be performed, and students also learn to take responsibility.

Suitable vegetables for harvest before the summer holidays

Plant in an outdoor vegetable patch in early March:

- Spinach
- Asian lettuce
- Lamb's lettuce
- New carrots

Plant in an outdoor vegetable patch in late March:

- Radishes
- Wrinkled peas and sugar peas

Transfer to vegetable patch in April:

- Early seedlings of lettuce
- Early seedlings of kohlrabi
- Varieties of new potato

Perennial plants are popular and easy to cultivate:

- Wild strawberries
- Herbs

Details may vary according to weather conditions and the location of the garden.

Suitable vegetables for harvest in autumn

The following vegetables are cultivated in spring and harvested after the summer holidays (they must be tended during the summer holidays).

- Pumpkin
- Maize
- Late potato varieties

For more information, refer to the “Pflanzen, Ernten & Genießen” (“plant, harvest and enjoy”) brochure

Download at www.naturimgarten.at/downloads



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Is a vegetable patch fun?

Worksheet for students

Any supermarket sells fruit, vegetables and herbs. However, it is a sure bet that someone in your family – perhaps your grandmother or grandfather – has a vegetable patch, raised bed, fruit tree or grows herbs in pots.

Find someone who grows fruit, vegetables and herbs, and find out why they do it.

Become a reporter and conduct an interview:

Name of reporter

Name of interviewee

Do you have a vegetable patch, raised bed or ... ?

.....

How big is your vegetable patch?

.....

What kinds of fruit, vegetables or herbs do you grow?

.....

.....

How much time do you spend tending the garden every week?

Why do you prefer not to buy fruit, vegetables and herbs from a supermarket?

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Is the effort worthwhile?

Think up some more questions and write them down.

